

UTRB

ULTRATRAIL RAIDLIGHT
BEACHCOMBER



28-29 JULY 2018

MAURITIUS



BEACHCOMBER

RESORTS & HOTELS



WHEN SPORTS AND LEISURE PAIR UP.

UTRB 2018 – PRE-RACE BRIEFING

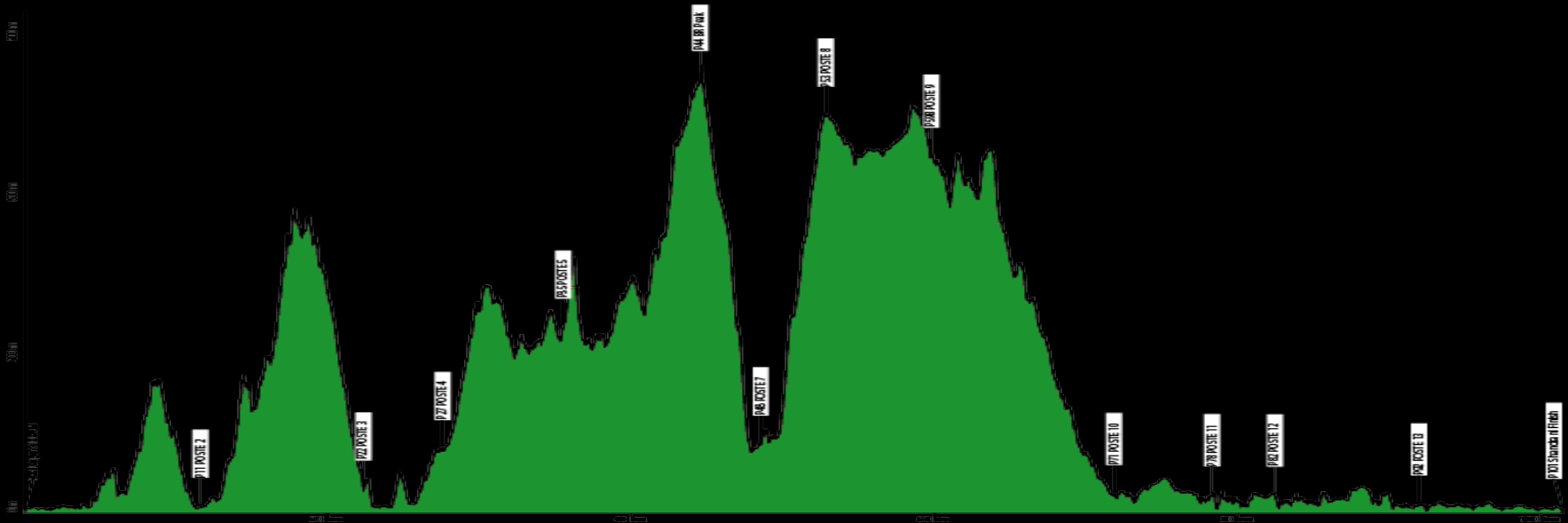
100km event

- The maximum time allowed for reaching the finishing line is 30hrs.
- Intermediate cut-off time at STATION 7 – RIVER INVERT IN THE GORGES at 6.15pm and at STATION 9 – PITON SAVANNE ENTRANCE at 9pm
- A runner will not be allowed to continue if he/she is not in a position to reach the finishing line within the allocated time.

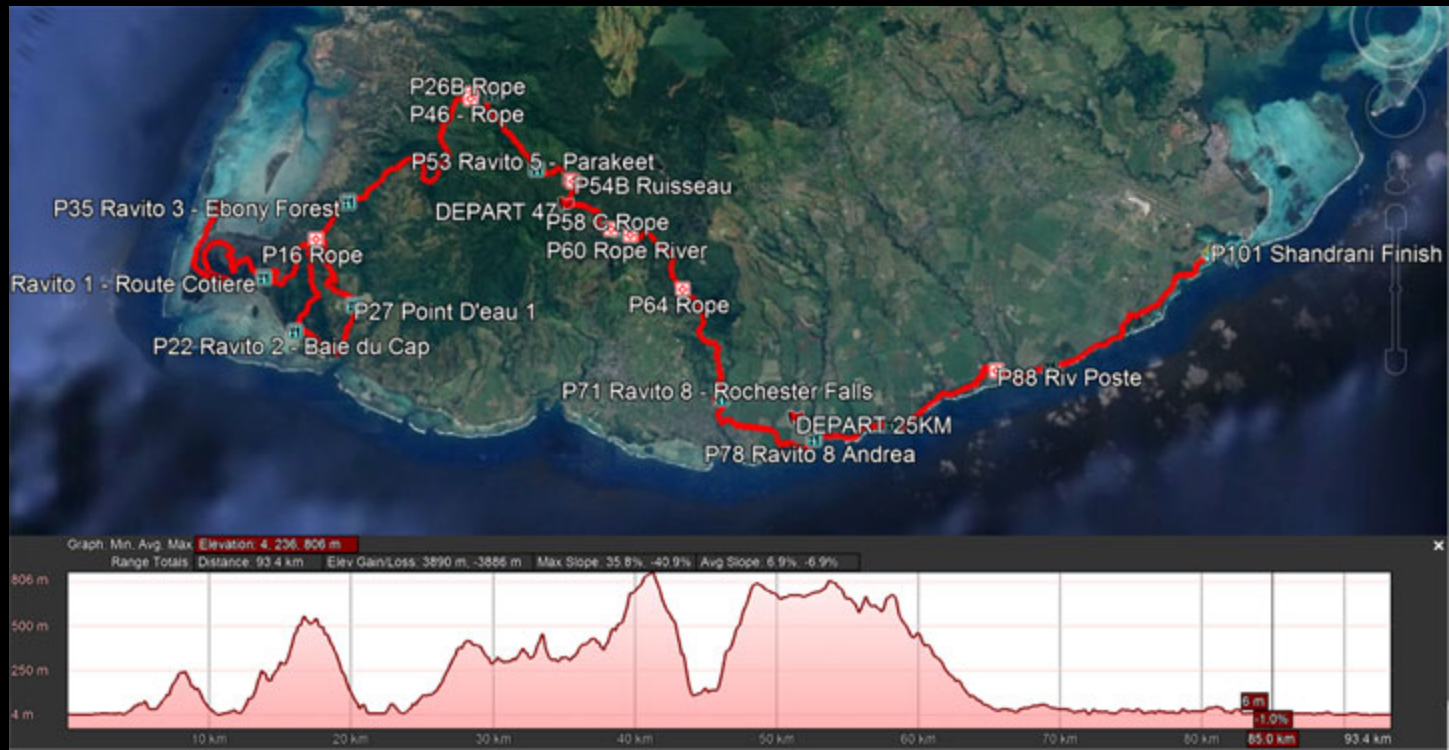
MANDATORY gear:

- 1 headlamp + spare batteries or accumulators.
- 1 survival blanket.
- 1 rain jacket that can be used as a windbreaker.
- 1 second skin garment such as a long sleeve T-shirt or sweater.
- 1 charged mobile phone with a SIM card that can be used for local and international calls (permanently on with a battery that can last throughout the race).
- 1 water supply of at least 1 litre.
- Energy bars or gels, etc.
- 1 whistle.
- 1 race bib (with a microchip and the emergency number) that must be visible at all times, to be worn on the chest or abdomen of the runner.

Elevation gain - 100km



Race route



Supplies

- Various types of supplies will be available en route:
 - **Marathon** = water + coke + cereal bars
 - **Water points** = water
 - **Complete** = soup + chicken + pasta + crepes, fruits, etc.

Visit the UTRB website or Facebook page to learn about the kilometre posts

Schedule of supplies – 100km

UTRB 2018 - 100 km - limit 30 hours

| POSTES | DESCRIPTION | sac d'allègement | CUT OFF | OUVERTURE | FERMETURE | Partiel KM | Cumul KM | D+ | Cumul D+ | Pointage | Point d'eau | Rav. Marathon | Rav. Complet | Médecin | Infirmier | Masseur | Equipe Secours |
|--------|---------------------------------------|------------------|----------------|-----------|----------------|------------|----------|-----|----------|----------|-------------|---------------|--------------|---------|-----------|---------|----------------|
| 1 | Paradis Beachcomber Golf & SPA Resort | | | 4h00 | 5h15 | 0 | 0 | 0 | 0 | | | | | | | | |
| 2 | Route Cotiere du Mome | | | 5h48 | 8h15 | 11 | 11 | 444 | 444 | | | | | | | | |
| 3 | Baie du Cap | | | 7h10 | 11h00 | 11 | 22 | 411 | 1286 | | | | | | | | |
| 4 | Campement Baie du Cap | | | 7h47 | 12h15 | 5 | 27 | 227 | 1513 | | | | | | | | |
| 5 | Ebony Forest | | | 8h47 | 14h55 | 8 | 35 | 597 | 2110 | | | | | | | | |
| 6 | Coucaud | | | 9h29 | 16h49 | 6 | 41 | 424 | 2534 | | | | | | | | |
| 7 | Radier Gorges Kiosk | | 18h15 | 10h17 | 18h43 | 7 | 48 | 543 | 3077 | | | | | | | | |
| 8 | Antenne Parakeet | √ | | 10h54 | 20h23 | 5 | 53 | 664 | 3741 | | | | | | | | |
| 9 | Entrée Pilon Savanne | | 21h00 | 07h15 | 21h35 | 6.5 | 59.5 | 155 | 3896 | | | | | | | | |
| 10 | Rochester Falls | | | 8h35 | 1h35(Sunday) | 11.5 | 71 | 300 | 4196 | | | | | | | | |
| 11 | Andrea Lodges | | | 8h35 | 3h55(Sunday) | 7 | 78 | 129 | 4325 | | | | | | | | |
| 12 | Bel Air | | | 8h00 | 5h15(Sunday) | 4 | 82 | 126 | 4451 | | | | | | | | |
| 13 | Savinia Guest House | | | 8h15 | 8h35(Sunday) | 7.5 | 89.5 | 227 | 4678 | | | | | | | | |
| 14 | Shandrani Beachcomber Resort & SPA | √ | 11h00 (Sunday) | 8h15 | 12h05 (Sunday) | 10.5 | 100 | 105 | 4783 | | | | | | | | |

Legendes

Point d'eau = Eau – Coca

Ravito marathon = Eau – Coca – Fruit – Fruits secs

Ravito complet = Eau – coca – Fruits – Sandwichs – repas chaud

Resting points:

Aid station:

Parakeet Antenna

Aid station:

Andrea Lodges

Drop bags – 100km

- Runners will have access to a drop bag service.
- Provided (empty) by UTRB organisers.
- Dropped off personally by the runners in the start area at Paradis Beachcomber before the start of the race.
- Forwarded by the organisers to AID STATION 8 – Parakeet Antenna
- Must imperatively be provided with the bib number.

Time checks

- Departure + Arrival + all Aid Stations/except water points.
- In addition to these fixed points, random checks will be carried out en route.
- You are required to ensure that your time is recorded at each station.

Medical safety

- The medical safety of runners will be effective throughout the route.
- The emergency number is printed on participants' race bibs:
 - Emergency number 1: **5 757 5700**
- A second emergency number which is not printed on bibs:
 - Emergency number 2: **5 499 6607**

Security

- Call the Dirrex
- Give the following information:
 - Dossard No of injured person
 - Your dossard No
 - Your location
 - Last supply point
 - GPS
 - Or Whatsapp Location

Accompanying person(s)

- Runners will not be allowed on the race route with non-racing person(s).
- It is strictly forbidden to be accompanied by non-racing person(s).
- Accompanying persons have access to the following stations:
 - Parakeet Antenna
 - Andrea Lodges

Withdrawal

- Withdrawals must be immediately notified to the organisers:
 - through the emergency number; or
 - by going to the nearest aid station.
- **Any runner contravening this requirement may be charged with costs relating to unnecessary searches.**

Withdrawal:

Return to Shandrani Beachcomber

- Runners staying at SHANDRANI BEACHCOMBER will be provided with a return shuttle to the hotel.
- The shuttle will be available only at times scheduled by the organisers.
- Runners who have withdrawn must wait at the aid station.

Withdrawal: Different destination

- Withdrawn runners who should be taken to a different destination may however take the shuttle to SHANDRANI BEACHCOMBER (provided that seats are available) on a non-priority basis.
- The shuttle will drop them off ONLY at SHANDRANI BEACHCOMBER.

47 KM



47km event

- Departure: Alexandra Falls parking area at 7.30am.
- Runners must arrive by 6.45am at the latest.
- Maximum time allowed for reaching the finishing line = 10hrs.
- Cut-off time set at 4.30pm at the Savinia aid station.

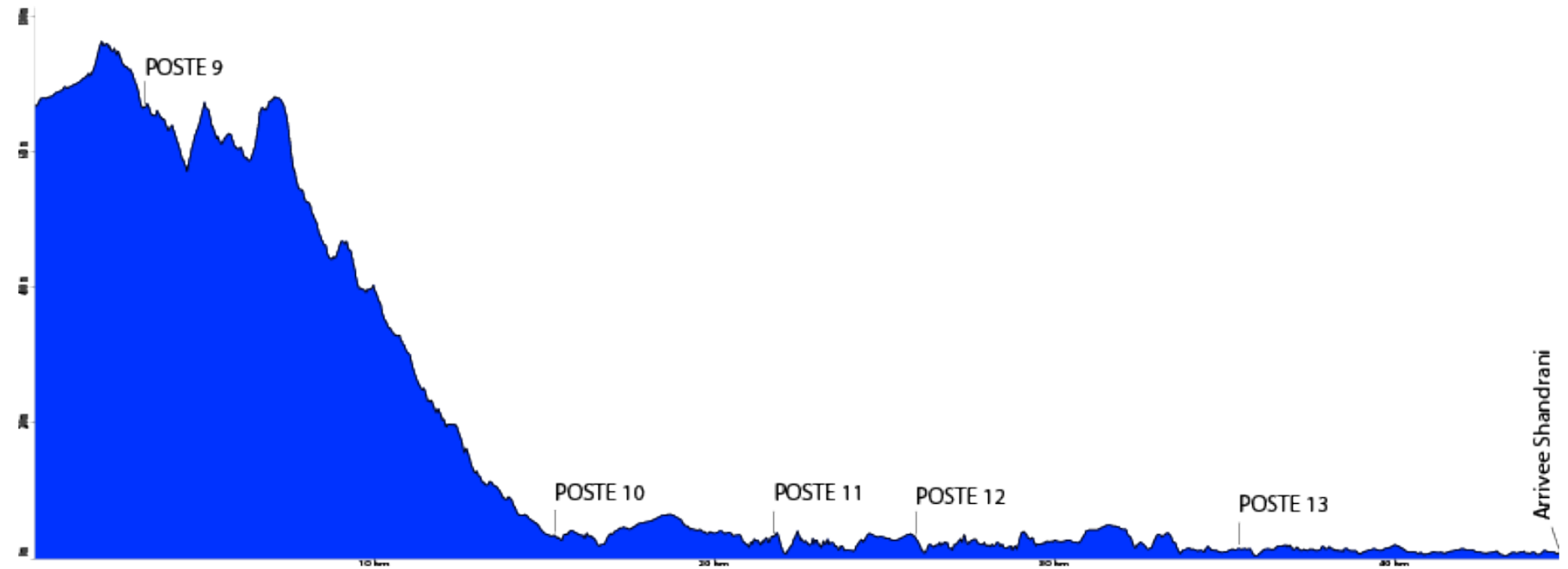
Mandatory gear:

- 1 charged mobile phone with a SIM card that can be used for local and international calls (permanently on with a battery that can last throughout the race).
- 1 race bib (with a microchip and the emergency number) that must be visible at all times, to be worn on the chest or abdomen of the runner.

Matériel non obligatoire mais conseillé

- 1 headlamp + spare batteries or accumulators.
- 1 survival blanket.
- 1 rain jacket that can be used as a windbreaker.
- 1 water supply of at least 1 litre.
- Energy bars or gels, etc.
- 1 Elastoplast-type strapping.
- 1 whistle.

Elevation gain - 47km



Supplies

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 - Marathon = water + coke + cereal bars
 - Water points = water
 - Complete = soup + chicken + pasta + crepes, fruits, etc.

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Schedule of supplies – 47km

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Legendes

Point d'eau = Eau - Coqs

Ravito marathon = Eau - Coqs - Fruit - Fruits secs

Ravito complet = Eau - coqs - Fruits - Sandwichs - repas chaud

Resting points:

Aid station:

Andrea Lodges

Aid station:

Savinia

Time checks

- Departure + Piton Savanne Entrance + Rochester Falls + Andrea Lodges + Savinia + Arrival
- In addition to these fixed points, random checks will be carried out en route.
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Withdrawal:

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- The shuttle will be available only at times scheduled by the organisers.
- Runners who have withdrawn must wait at the aid station.

Withdrawal: Different destination

- Withdrawn runners with a different destination may however take the shuttle (provided that seats are available) on a non-priority basis but cannot request to be taken to any place other than the final destination: SHANDRANI BEACHCOMBER.
- They shall bear the costs of returning to the place of their choice.

UTRB in figures

- 100km – 48 participants
 - 22 from Mauritius
 - 1 from Madagascar
 - 1 from Guyana
 - 2 from France
 - 20 from Reunion
 - 1 from South Africa
 - 1 from Switzerland
- >>>> including 12 women <<<<<<<<

UTRB in figures

- 47km – 123 participants
 - 67 from Mauritius
 - 44 from Reunion
 - 3 from South Africa
 - 1 from Guyana
 - 1 from Denmark
 - 1 from Belgium
 - 6 from France

UTRB in figures

- 25km – 209 participants
 - 159 from Mauritius
 - 35 from Reunion
 - 4 from South Africa
 - 2 from UK
 - 1 from Kenya
 - 1 from Belgium
 - 7 from France

UTRB in figures

- 10km – 947 participants
 - 887 from Mauritius
 - 41 from Reunion
 - 1 from Canada
 - 9 from France
 - 3 from Kenya
 - 2 from South Africa
 - 2 from Switzerland
 - 1 from UK
 - 1 from USA

**THANK YOU &
ENJOY YOUR TRAIL!**