

UTRB 2018 Regulations

100KM/100 KM Relay/47KM/25KM/10KM

ORGANISATION

UTRB Mauritius will be hosted on 28 and 29 July 2018 by Beachcomber Resorts & Hotels in conjunction with Raidlight. The event's programme include the Trail des 7 Couleurs by Raidlight and Beachcomber®, the Trail de la Perruche by Air France®, the Trail du Nautille by Transcontinents® and the Trail du Souffleur®.

RACES

UTRB Mauritius is an event offering various outdoor races along the island's nature trails. All the races are single-step events to be completed at the runners' own pace with a time limit.

- UTRB® [Ultra-Trail, called the Trail des 7 Couleurs by Raidlight and Beachcomber®]: an approximately 100km race with some 4,783 metres of cumulated elevation gain, starting from Paradis Beachcomber, to be completed within 30 hours under the partial self-support principle.
- The trail de La Perruche by Air France® [Alexandra Falls parking area-Andrea Lodges-Le Souffleur-SHANDRANI BEACHCOMBER's beach]: a 47km race with approximately 1,300 metres of cumulated elevation gain starting from the Alexandra Falls parking area, to be completed within 10 hours under the partial self-support principle.
- The Trail du Nautille by Transcontinents® [Union sugar factory-Le Souffleur-SHANDRANI BEACHCOMBER's beach]: A 25km race with approximately 500 metres of cumulated elevation gain to be completed within 7 hours under the partial self-support principle.
- The Trail du Souffleur® [Eastern coastline]: an approximately 10km with some 100 metres of cumulated elevation gain starting from the place called Le Souffleur, to be completed within 5 hours under the partial self-support principle.

CONDITIONS FOR PARTICIPATION

To take part in the events, runners must:

- Be fully aware of the length and specific features of their race and be well prepared for it.
- Have acquired a real capacity for personal sufficiency in the mountains prior to the race in order to manage the problems linked to this type of races, including:
 - knowing how to tackle without external help weather conditions that can be very difficult with a maximum altitude of 824 metres (night, wind, cold, fog or rain) and under southern winter conditions; and

- knowing how to deal with physical or mental issues arising from severe fatigue, digestive problems, muscle or joint pain, minor ailments, etc. even if they find themselves on their own.
- Be fully aware that it is not the role of the organisers to help runners handle these problems and that for such an activity in the mountains, their safety depends on their ability to adapt to the problems encountered or anticipated.

Participation in other races prior to registration is strongly recommended in order to gain such experience.

The first three races (100km, 47km and 25km) are open to any person, male or female, born in 2000 or earlier (from U21 to veteran) with or without a licence.

The 10km race is a family-friendly event open to any person, male or female with or without a licence and to children over 12 years of age (parental consent required).

PARTIAL SELF-SUPPORT

The principle of individual racing under the partial self-support principle is the rule.

Partial self-support is defined as the ability to be self-reliant between two aid stations, not only for food, but also for clothing and safety equipment, in particular to allow runners to adapt to problems either encountered or anticipated (bad weather, physical problems, injury, etc.)

This principle namely entails the following rules:

1. Runners must have all their mandatory gear with them throughout the duration of the race (see the GEAR section). They must carry the gear in their own race bags. The race officials can check bags and their contents at any time during the race. Runners have the obligation to cordially submit to these checks to avoid race exclusion.
2. Aid stations are available with food and drinks to be taken on the spot. The organisers will provide still water (no energy drinks) to refill water bottles or bags. When leaving each aid station, runners must ensure that they have enough water and food to continue to the next aid station.
3. Personal family assistance is allowed at specific aid stations (*) in the area specifically provided for this purpose at the discretion of the station manager. Such assistance can be provided by one single person, without specific gear other than a bag with a maximum capacity of 30 litres. Any form of professional assistance (team or professional coach, doctor or other medical or paramedical personnel, etc.) is strictly forbidden.

Other parts of the aid station are strictly reserved for runners. You must follow the route established within the aid station even if you do not intend to stop there.

4. It is forbidden to be accompanied or to accept to be accompanied during all or part of the race by someone who is not registered for the race outside the clearly marked tolerance areas around the aid stations.

(*) Personal assistance is allowed at the following stations:

UTRB Trail des 7 Couleurs® by Raidlight & Beachcomber: Ebony Forest, on top of the Parakeet, Black River Gorges, Andrea Lodges

UTRB Trail de la Perruche® by Air France: Andrea Lodges, Le Souffleur

It is not allowed at other aid stations and at any other points on the course.

PREVENTATIVE HEALTH ACTION

The organisers have decided to establish an internal preventative health action for the UTRB Mauritius® events. This action neither has the aim nor the competence to replace existing national and international anti-doping regulations but is intended to strengthen the medical surveillance required by the organisers. This action is conducted by the organisers' own Medical Commission, composed only doctors who can take advice from the experts of their choice and are responsible for advising the Race Jury on the medical condition of participants.

All runners undertake to:

- inform the organisers' Medical Commission in case of use of a prescription with a Therapeutic Use Exemption (TUE) using the procedure available in the personal section that is freely available to each runner on the International Trail Running Association (ITRA) website: www.i-tra.org. This information must be provided upon for any TUE previously requested or granted. Otherwise, it must be provided no later than on the 8th day following the TUE application and imperatively before the start of the race;
- accept to give any specimens of urine and/or blood and/or hair and give their consent for associated analyses requested by the organisation's Medical Commission with all costs relating to collecting and analysing these samples being directly borne by the organisers; and
- accept any invitation by the Medical Commission based on information collected about them in order to discuss their ability to participate in the race for which they have registered. Following the interview, the Medical Commission may recommend the disqualification of a runner to the Race Jury.

REGISTRATION CONDITIONS

For the 100km, 47km and 25km events, each competitor must provide a medical certificate stating,

“No contraindication for participating in competitive mountain running.”

It must be included with the registration form on the ROAG platform or emailed to: events@beachcomber.com

Minor children must also have express parental consent to participate in the Trail du Souffleur to validate their registration. It must be emailed to the following address: events@beachcomber.com **Before the 25th July 2018**

Failure to provide a medical certificate by the above date will result in cancellation of registration without refund.

ACCEPTANCE OF THE RACE REGULATIONS AND ETHICS

Participation in UTRB Mauritius® implies unreserved acceptance of the race regulations and ethics available on the website: www.beachcomber-events.com

MAXIMUM NUMBER OF RUNNERS

50 participants for the 100km event

150 participants for the 47km event

200 participants for the 25km event

900 participants for the 10km event

REGISTRATION

Registration will be exclusively through secure bank card payment on the website: www.beachcomber-events.com/utrb

Entry fees:

- UTRB® Ultra-Trail, known as the Trail des 7 Couleurs by Raidlight & Beachcomber]: MUR 2,950 for Mauritian residents and MUR 4,400 for non-residents
- Trail de la Perruche by Air France®: MUR 1,700 for Mauritian residents and MUR 2,000 for non-residents
- Trail du Nautile by Transcontinents®: MUR 1,250 for Mauritian residents and MUR 1,280 for non-residents
- Trail du Souffleur®: MUR 900 for Mauritian residents and MUR 920 for non-residents

Registration for any of the races is firm and final and runners are not allowed to change races.

CANCELLATION OF REGISTRATION (due to injury)

In cases where a request for cancellation of registration is due to one of the following events:

- an accident, serious illness or death of the runner; or
- a serious illness requiring hospital care or death of a common-law or de-facto spouse or a first-degree relative within 30 days prior to the event.

For any claim for refund following cancellation due to injury, registration fees will be fully refunded on presentation of a medical certificate or other official document no later than 10 days after the event.

Any incomplete application will be considered invalid. For further information please call 06.92.36.07.58

CANCELLATION OF REGISTRATION (other than due to injury)

Refund of registration fees paid will be made by way of a partial refund to the bank card account used to pay the registration under the following conditions:

Before 15 May 2018 – 100% refund

Between 16 and 31 May 2018 – 60% refund

Between 01 June and 09 July 2018 – 30% refund

After 09 July 2018, no refund will be made

No change of bibs is allowed.

All requests for cancellation must be emailed to: events@beachcomber.com

No withdrawal made by telephone or fax will be accepted.

GEAR

A mandatory gear kit is required to take part in these events.

It must however be noted that there are some basic supplies that trail runners must adapt to their own capabilities. It is particularly important to choose clothing that will provide good protection from the cold, wind and rain in the mountains at night, therefore ensuring better safety and performance, rather than choosing the lightest possible clothing only to save a few grams.

MANDATORY GEAR

UTRB@ 100KM

A backpack that can carry: a headlamp, spare batteries, a survival blanket, a minimum 1-litre water supply, a whistle, food reserves, a rain jacket, warm clothes, a cup, a mobile phone and more importantly, the bib to be shown at all checkpoints.

In case of failure to meet the control requirements, runners will be forced to withdraw from the race.

UTRB@ 47KM

A backpack that can carry: a minimum 1-litre water supply, a whistle, food reserves, a rain jacket, warm clothes, a cup, a mobile phone and more importantly, the bib to be shown at all checkpoints.

UTRB@ 25KM

A backpack that can carry: a minimum 1-litre water supply, a whistle, food reserves, a rain jacket, warm clothes, a cup, a mobile phone and more importantly, the bib to be shown at all checkpoints.

BIBS

Race numbers will be distributed between 9am and 6pm on Wednesday 25 July 2018 at the former Beachcomber Head Office (Robert Edward Hart Street, Curepipe). Competitors staying at SHANDRANI BEACHCOMBER RESORT & SPA will receive their bibs at the hotel on between 5pm and 7pm on Friday 27 July 2018, prior to the briefing session. The bibs of competitors staying at SHANDRANI BEACHCOMBER who cannot attend the briefing session will be placed in their room. Competitors not staying at SHANDRANI BEACHCOMBER who are unable to attend the briefing session are requested to email the Organising Committee at: events@beachcomber.com

Bibs will be handed over individually to each runner on presentation of:

- An ID including a photograph of the holder

The bib must be worn on the chest or abdomen and must be visible at all times throughout the race. It must therefore always be worn on top of any clothing and shall in no case be placed runners' bags or legs. The name and logo of partners of the event must not be altered or hidden.

The bib is the pass required to access the shuttle buses, aid stations as well as bag drop-off and collection areas. The bib should never be removed except in case of refusal to comply with a race official's decision. The bib should never be removed but will be deactivated in case of withdrawal from a.

Each runner will receive a gift with the bib.

ELECTRONIC TIMING

Electronic timing is done using a microchip incorporated into the bib. You must show your bib at the start and finishing lines.

In case of withdrawal, the bib and microchip must be handed over to the organisers for disabling.

Failure to produce the chip will lead to immediate exclusion from the race.

STARTING THE RACE

Four steps must be completed to enter the start area at Paradis Beachcomber, where you will be served a light snack.

- Drop off your assistance bag (100km race only), which will be taken to the assistance station at Parakeet Station. You will receive a drop bag with your bib.
- Proceed through the bag inspection to ensure that you have all the mandatory gear specified in these regulations.
- Make sure not to forget the electronic timing. This is proof that you have started the race.
- You must wear the T-shirt provided by the organisers.

For the relay race: the first relay runners will start the race with individual competitors. The change of runners will take place at the Parakeet aid station under the close control of the station managers.

DROP BAGS

UTRB 100km@: all competitors will receive a drop bag with their bib number on it. After filling the bag with whatever items they want and closing it, they can drop it off at the SHANDRANI BEACHCOMBER reception from the early evening. The bag will be forwarded by the organisers to Parakeet aid station. When leaving the aid station, runners must drop off the bag in a place provided for that purpose. The bag will then be back to SHANDRANI BEACHCOMBER upon closing of the station.

UTRB 47km@: no drop bag

UTRB 25km@: no drop bag

Collection of drop bags at SHANDRANI BEACHCOMBER: Drop bags will be handed back to the competitors themselves or to their relatives only upon presentation of their bib. The bags must be picked up within 2 hours of the race finishing.

The organisers will ensure that the bags of runners who have withdrawn are returned to SHANDRANI BEACHCOMBER provided that their withdrawal has been recorded. The time taken for returning the bags depends on logistical constraints and the organisers cannot guarantee the return of all bags before the end of the race.

Only bags provided by the organisers will be transported. Their contents will not be checked and no claim in this regard will be entertained. It is advised not to place any valuables in these bags.

TRANSPORT OF COMPETITORS

Buses will be provided to transport runners who have taken the accommodation package offered by UTRB and staying at SHANDRANI BEACHCOMBER to the start point of each of the 4 races (100km; 47km, 25km and 10km).

SAFETY AND MEDICAL ASSISTANCE

First-aid stations are available at various points along the courses. These stations are connected by radio or telephone to the Race HQ. A medical regulation team is present throughout the duration of the events.

First-aid stations are intended to provide assistance to any person in danger using the organisers' own or contracted means.

It is up to runners in trouble or seriously injured to ask for help:

- by pulling up to a first-aid station;
- by calling the Race HQ (PHONE NUMBER PRINTED ON THE FRONT OF THE BIB); or
- by asking another runner to alert the rescue team.

All runners are required to provide assistance to any person in danger and alert the rescue team.

Don't forget that you may have to wait for the rescue team longer than expected due to hazards of any kind related to the environment and the race. Your safety will then depend on the quality of the contents of your bag.

Runners who request a doctor or paramedic subject themselves de facto to their authority and undertake to accept their decisions.

Official paramedics and doctors are namely entitled to:

- withdraw from the event any runner who is unfit (by invalidating their bib number);
- evacuate runners they consider to be in danger by any appropriate means; or
- take runners whose state of health may require to hospital if deemed appropriate.

Any costs arising from the use of rescue or evacuation means will be borne by the relevant person, who will also provide for his/her return from the place of evacuation. Runners are solely responsible for submitting the relevant documentation to their personal insurance within the given deadline.

In the event that you cannot contact the Race HQ, you can directly call Mauritian rescue organisations (especially if you are in a zone where only 'Emergency calls' can be made).

Runners must remain on the marked path even when sleeping. Any runner who voluntarily leaves the marked path will no longer be under the responsibility of the organisers.

CHECKPOINTS AND AID STATIONS

A microchip will be incorporated in the race bib of each runner. Runners who do not constantly have their microchip on them will be penalised.

A check will be carried out on arrival at each first-aid or aid station.

Unannounced checkpoints will be set up at places other than first-aid and aid stations. Their positioning will not be provided by the organisers.

Only runners wearing a visible bib and who have been duly checked will be allowed into the aid stations.

Upon publication, the race guide and specific pages of the website will provide the exact location of aid stations.

Various aid stations will be available along the course with supplies such as water, soft drinks, coffee, tea, soup, pastries, bread, ham and chicken (non-exhaustive list).

Hot meals (rice or pasta/chicken or other) will be served at a number of these stations.

All information will be published on the website prior to the event.

A meal will be served at SHANDRANI BEACHCOMBER after the race for UTRB 100km and 47km runners.

To avoid wasting disposable plastic cups during the race, each runner must bring a cup with a minimum capacity of 15cl. Attention: bottles and cups are not the same.

Due to the large number of participants, a few disposable cups will however be distributed.

Several bins will be available at each aid station and must imperatively be used.

Competitors are not allowed to accept food or drinks outside these points.

MAXIMUM TIME ALLOWED AND CUT-OFF TIMES

The maximum time to complete the entire course for each event is as follows:

UTRB 100km@: 30 hours

UTRB 47km@: 10 hours

UTRB 25 km@: 07 hours

UTRB 10km@: 5 hours

Cut-off times at the main checkpoints will be defined and announced during the briefing session.

Attention needs to be drawn, however, to the fact that runners must be aware that time limits will be set for the 100km race.

These cut-off times have been calculated to allow participants to make it to the finish line within the maximum time set while eventually stopping to rest or eat. To be allowed to continue the event, competitors must leave each checkpoint before the cut-off time as specified during the briefing session (regardless of the time of arrival at the checkpoint).

Disqualified competitors who wish to continue the race must hand back their bib before continuing under their own responsibility and in total autonomy.

In case of bad weather and/or for safety reasons, the organisers reserve the right to stop the race or change cut-off times.

REST

UTRB 100km@ only: Resting points (with camp beds and blankets) will be available for competitors at the Parakeet Antenna and Andrea Lodges.

A resting place for all runners will be available in the arrival area at SHANDRANI BEACHCOMBER (100km only).

This place is strictly reserved for runners after completing their race.

It is by no means a form of overnight accommodation. Runners who wish to extend their stay after completing their race must have their own accommodation.

Access to the resting place and showers in the arrival area will be strictly limited to runners.

WITHDRAWAL AND REPATRIATION

Except in the event of injury, runners may withdraw only at checkpoints. They must then inform the station manager, who will invalidate their race bib.

Runners must however keep their bib so as to be able to access the shuttles, buses, meals, resting point, etc.

Repatriation will be decided in conjunction with the station manager according to the following general rules:

- Vehicles available from some aid stations, which are indicated by a 'bus' pictogram on route maps, will take withdrawn runners back to SHANDRANI BEACHCOMBER.
- Runners who have withdrawn from the race at another first-aid or aid station and whose health condition does not require evacuation must return by their own means to the closest repatriation point.

With regard to aid or first-aid stations that are accessible by car or 4x4:

- When closing a station, the organisers may, within the limit of available means, repatriate runners who have withdrawn from the event and are still present at the station.

In case of adverse weather conditions justifying the partial or total cancellation of the race, the organisers will repatriate runners who have been stopped as soon as practicable.

In case of withdrawal before a checkpoint, runners must imperatively return to the previous checkpoint and inform the station manager thereof.

If runners come across end-of-race sweepers on their way back, the latter will take responsibility for invalidating their bib. They will then no longer be under the supervision of the organisers.

Accompanying persons have access to the following stations:

- Andrea Lodges
- Black River Gorges parking area
- Parakeet Antenna

Runners who have withdrawn or have been stopped by the race doctor and/or Director are required to hand in their bib at the nearest checkpoint or alternatively at the aid station or contact the organisers by mobile phone.

SIGNAGE

To improve vision of the itinerary, flagging tape with reflective bands will be placed in close succession along the routes of the 4 races.

ATTENTION: If you don't see any flagging tape after 50 metres, turn back!

For environmental reasons, no permanent paint will be used on the trails. The organisers will place Cyalume glow sticks at the most sensitive locations.

Runners must follow the paths as marked without using shortcuts. Shortcutting a trail may cause erosion damage to the site.

ARRIVAL

Runners will receive a finisher's gift after crossing the arrival line.

PENALTY–DISQUALIFICATION

Race officials along the route and stations managers at the different checkpoints and aid stations have the authority to apply the race regulations and immediately(*) impose a penalty for non-compliance as follows:

PENALTY(*)-DISQUALIFICATION FOR BREACH OF THE REGULATIONS

Significant shortcut: 2-hour penalty

Not a significant shortcut but straying from official trails or using a closed shortcut: 1-hour penalty

Required safety gear missing (no minimum 1-litre water supply, no waterproof jacket with hood, no torch, no survival blanket, no mobile phone): Immediate disqualification

Any other mandatory gear missing (only 1 torch for the 100km race, whistle, adhesive elastic band, food reserves, cup): 1-hour penalty

Refusal to undergo a mandatory gear check: Disqualification

Deliberate littering by a competitor or a member of his/her entourage: 2-hour penalty

Lack of respect for other people (organisers or runners): 2-hour penalty

Failure to assist someone in difficulty: 2-hour penalty

Receiving help outside authorised zones: 1-hour penalty

Being accompanied along the course outside the clearly marked tolerance zones around the feed stations: ½-hour penalty

Cheating (e.g. using transport, sharing a race bib...): Immediate disqualification

Race number not visible: ¼-hour penalty

Wearing race number in an incorrect manner: ¼-hour penalty (during which the runner must ensure that his/her bib is properly displayed)

Use of sticks with or without protected tips: Disqualification

Electronic chip missing: As determined by the race jury

Not passing through a checkpoint: As determined by the Race Jury

Refusal to comply with an order from the race management, a race official, a station manager, a doctor or a first-aider: Disqualification

Refusal to take an anti-doping test: The runner will be sanctioned as if he/she had been found guilty of doping

Departure from a checkpoint after the cut-off time: Disqualification

(*) ¼-hour, 1- and 2-hour penalties are applicable immediately, i.e. the runner cannot continue the race until the penalty time is over.

Any other breach of the race regulations will be dealt with by a sanction decided by the Race Jury.

In order to reflect the spirit of the Trail Charter, all members of a team taking part in the relay race must, as far as possible, cross the finish line at the same time hand in hand for a picture of them crossing the finishing line.

All individual and team runners crossing the finishing line will receive a finisher T-shirt and a medal.

ANTI-DOPING TEST

Any competitor could be subjected to an anti-doping control before, during or upon completion of the event. In the event of refusal or failure to comply, the runner will be sanctioned as if found guilty of doping.

APPEALS

Any appeal must be submitted in writing to the Race HQ at SHANDRANI BEACHCOMBER with a protest fee of 100 (one hundred) euros (non-refundable if the appeal is rejected) within a maximum of 2 hours after arrival of the runner concerned.

RACE JURY

The Race Jury is composed of:

- the Race Director;
- a runners' rep; and
- other persons chosen by the Race Director for their special expertise.

The jury has the authority to act within a time limit consistent with the requirements of the race with regard to any appeal made during the event. All decisions of the Jury are final.

CHANGES TO THE ROUTE OR CUT-OFF TIMES/CANCELLATION OF THE RACE

The organisers reserve the right to change the route and location of first-aid and aid stations at any time without notice.

In the event of very unfavourable weather conditions (heavy rainfall at higher elevations, high risk of storms, etc.), the departure time may be postponed for a maximum of a few hours; after that time, the race will be cancelled.

In case of force majeure (particularly bad weather conditions and for safety reasons), the organisers reserve the right to stop the event or change the time limits.

In case of cancellation of an event for any reason whatsoever decided at least 15 days before the race day, registration fees will be partially refunded. The amount of this refund will be set to enable the organisers to cover all sunk costs incurred by the cancellation date. Registration fees will not be refunded in case of cancellation within less than 15 days before the race day or if the race is stopped for any reason whatsoever.

INSURANCE

Civil liability insurance

The organisers have taken out a civil liability insurance covering the duration of the event. This insurance covers the financial consequences of the civil responsibility of the organisers as well as the responsibility of their officials and all participants.

Personal accident insurance

All competitors must take out a personal accident insurance covering any rescue and evacuation expenses in Mauritius. Competitors may take out such insurance from the provider of their choice.

NB: A fee is charged for helicopter evacuations in Mauritius. The decision for evacuation is the sole responsibility of the organisers, who will systematically put the safety of runners first.

RANKINGS AND PRIZES

Prizes will be distributed during the Awards ceremony at SHANDRANI BEACHCOMBER:

- On Saturday 28 July at 1.30pm for the 25km race and from 4pm for the 47km race; and
- From 1.30pm on Sunday 29 July 2018 for the 10km and 100km races.

For the 4 races, only runners crossing the finishing line at SHANDRANI BEACHCOMBER (UTRB 100km®, UTRB 100km® relay, UTRB 47km®, UTRB 25km and UTRB 10km®) will be included in the rankings.

For the UTRB 100km: The first male and female runners in the overall ranking will receive a trophy and the first three competitors in each category will receive a medal.

Scratch race winners (men and women) will each receive an air ticket to Paris from Air France.

For the UTRB 47km, 25km and 10km: The first male and female runners in the overall ranking will receive a trophy and the first three competitors in each category will receive a medal.

INDIVIDUAL SPONSORS

Sponsored runners can wear the logos of their sponsors on their clothes and gear during the event. The display of any other advertising accessory (flag, banner, etc.) will be at the discretion of the organisers.

IMAGE RIGHTS

Competitors expressly waive their image rights during the event and waive all claims against the organisers and their partners that may arise from the use of their image. The organisers are solely entitled to pass these image rights to any media, via an accreditation or a suitable licence.

UTRB® Trail des 7 Couleurs®, Trail de la Perruche® and Trail du Souffleur® are legally registered trademarks. Any communication around the event or use of images of the event must respect the event's name and registered trademarks with the official agreement of the organisers.